

One Martial Arts Presents

# Senior Grandmaster RICK ALEMANY

**April 13th - 17th, 2011**

**Private Lessons** with a martial arts legend.

**Tiger's Gratitude** a seminar of innovative & practical self-defense techniques.

**Dinner** hosted by Senior Grandmaster Alemany.

**Group Workout** featuring conditioning, drills, sweating & fun!

**Open to everyone of all levels & styles.**



(cut here)

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_  
Zip code \_\_\_\_\_ Email \_\_\_\_\_

**Private Lessons** \$69 (30 min.) \_\_\_ \$129 (1 hour) \_\_\_ April 13th - 17th  
Call (415)731-9988 to reserve time.

**Seminar** \$109 \_\_\_  
Saturday, April 16th 2pm - 5pm

**Dinner** \$19 x (number of people attending) \_\_\_  
Saturday, April 16th 5:30pm - 7:30pm

**Group Class Workout** \$69 \_\_\_  
Sunday, April 17th 10:30am - 12:30pm

TOTAL: \_\_\_\_\_

**BOOK ALL 4 EVENTS and SAVE 10% OFF.**

Please reserve your space with payment by 4/1/11. Checks & credit cards welcomed.

No refunds. No exceptions. **Make checks payable to Rick Alemany.**

Mail to: 850 Taraval St. San Francisco, Ca. 94116 or call (415)731-9988 with credit card info.

Visit us at: [www.onemartialarts.com](http://www.onemartialarts.com) [www.alemanykenpokarate.com](http://www.alemanykenpokarate.com)